**Personal Goal Flow Chart**

**Effectiveness of Strategies:**

**Personal Goal:**

**Strategy 1:**

**Strategy 2:**

**Strategy 3:**

**The Capability you have developed:**

**Steps you have taken to develop this capability throughout the course:**

**How has developing this capability helped you to achieve your personal and learning goals?**

**Learning Goal Flow Chart**

**Effectiveness of Strategies:**

**Learning Goal:**

**Strategy 1:**

**Strategy 2:**

**Strategy 3:**

**The Capability you have developed:**

**Steps you have taken to develop this capability throughout the course:**

**How has developing this capability helped you to achieve your personal and learning goals?**